

**EMBRACING CHANGE FACT SHEET**

**DEVELOPING SKILLS FOR CRITICAL THINKING**

**SELF-REFLECTION EXCERCISES**

What are the basics of critical thinking?

Critical thinking is the intellectually disciplined process of actively and skillfully conceptualizing, applying, analysing, synthesizing, and/or evaluating information gathered from, or generated by, observation, experience, reflection, reasoning, or communication, as a guide to belief and action.

Self-reflection about the knowledge and what we need to develop concerning critical thinking.

# FACTS

# Self-reflection is very important to get the knowledge if we need to develop skills for critical thinking

1. Indicate which statement is right and which is wrong

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| --- | --- | --- |
| Statement | R | W |
| 1. You don’t need any knowledge about communication to understand critical thinking. |  | X |
| 1. Critical thinking is the ability to think clearly and rationally. | X |  |
| 1. Critical thinking don’t includes reflections. |  | X |
| 1. Critical thinking is a skill. | X |  |
| With critical thinking you understand the logical connections between ideas. | X |  |

1. Find the statement that does not indicate a good practice

to critical thinking.

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| Reflections. |
| 1. Research. |
| 1. Trust everything |
| 1. Evaluation. |
| 1. Observations. |

1. Find what does not support critical thinking.

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| 1. Evaluated |
| 1. Think irrationally |
| 1. Look at facts |
| 1. Do research |
| 1. Look at data |

*“Critical thinking is thinking about your thinking while you're thinking in order to make your thinking better.” - Richard Paul*

En bild som visar text, vektorgrafik

Automatiskt genererad beskrivning

For more information, you may visit our website: <https://retain-me.eu/>

and our Facebook: <https://www.facebook.com/RetainMeErasmusProject>



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