

**EMBRACING CHANGE FACT SHEET**

**DEVELOPING SKILLS FOR CRITICAL THINKING**

**What are the basics of critical thinking?**

Critical thinking is the intellectually disciplined process of actively and skillfully conceptualizing, applying, analyzing, synthesizing, and/or evaluating information gathered from, or generated by, observation, experience, reflection, reasoning, or communication, as a guide to belief and action.

**Is critical thinking a skill?**

Critical thinking is the analysis of an issue or situation and the facts, data, or evidence related to it. Critical thinking is a skill that allows you to make logical and informed decisions to the best of your ability.

**What are the 5 critical thinking skills?**

The most important critical thinking skills are analysis, interpretation, inference, explanation, self-regulation, openness and problem solving.

**What makes a person a critical thinker?**

Critical thinking is the ability to think clearly and rationally about what to do or what to believe. It includes the ability to engage in reflective and independent thinking. Someone with critical thinking can do the following: understand the logical connections between ideas.

When working from home, you will inevitably encounter work-related issues that you’ll have to solve on your own. Critical thinking skills are crucial for thinking on the job, whether it’s solving work-related issues yourself or determining the best direction for a work project. Remote workers are more independent by nature, so thinking for yourself is necessary to take your work to the next level.

# FACTS

# *“Critical thinking is thinking about your thinking while you're thinking in order to make your thinking better.” - Richard Paul*

En bild som visar text, vektorgrafik

Automatiskt genererad beskrivning

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## FOR MORE INFORMATION

For more information about developing skills for critical thinking, you may visit the following links:

* How To Improve Critical Thinking Skills at Work in 6 Steps

<https://www.indeed.com/career-advice/career-development/how-to-improve-critical-thinking>

* How to develop the 7 skills of critical thinking

<https://www.brightconcept-consulting.com/en/blog/leadership/how-to-develop-the-7-skills-of-critical-thinking>

* How to develop critical thinking

<https://www.unilodge.com.au/blog/how-to-develop-critical-thinking>



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